The Trondheim Declaration and the Norwegian public health act

Iceland meeting 16. December 2014

Tone P. Torgersen
Hi politicians – show me your population’s health and I’ll tell you how you perform!

«The status of health and well-being in the population is an indicator of how well public policies succeed in one of their key missions.»

- Health is not randomly distributed
- Beyond individual choice
- The inequalities we allow
  - a political choice!
Norwegian context

Health challenges:
1. Health inequalities
2. Demographical changes
3. Changes in lifestyle driven by social causes

Policy challenges local level:
1. Health sector responsibility
2. Little political responsibility
3. Vague obligations to support municipalities
Traditional vertical implementation

- Tobacco
- Physical activity
- Nutrition
Determinant perspective in intersectoral action - schools

- healthy nutrition
- physical activity
- tobacco programs
- mental health programs

Psycosocial resources (sense of control, mastery, personal efficacy)

Education learning

Living conditions

Health
A chain of causes behind social inequalities in health

Social determinants: Income, education, work, housing

Risks: Nutrition, tobacco, physical activity

Health care
sikre et godt oppvekstmiljø for alle

Tone P. Torgersen
Tromsø, 11 november 2014
The Norwegian Public health act
- empowering communities

Definition:

«Public health: the state and distribution of health in a population”
**Societal development in order to promote public health and reduce health inequalities**

**Principles:**
- health equity
- health in all policies
- sustainable development
- the precautionary principle
- participation
11th Nordic Health Promotion Conference: The Trondheim Declaration

Equity in health and well-being – a political choice!
Equity in health and well-being – a political choice!

- Addressing the fundamental causes of health and well-being
- Comprehensive evidence and knowledge
- Interactive governance and genuine commitment to implementation
- Socially sustainable communities and healthy community development
NORDISK FOLKEHELESEKONFERANSE I TRONDHEIM 2014
SAMFUNNSUTVIKLING FOR HELSE OG TRIVSEL I NORDEN
- Nordic societies for health and well-being

Trondheimserklæringen
The Trondheim Declaration
Nor  Fam  Eng  Rus
Thank you!