



MIDSTÖÐ FORELDRA OG BARNNA



PERAPEIA



Barnaverndarstofa



RBF



Embætti  
landlæknis  
Directorate of Health

## *Foreldrar í vanda – börn í vanda* *Heilbrigð framtengsl – forsenda lífshæfni*

*"Understanding why some mothers find it hard to love their babies"*

**Námsdagur um mikilvægi tilfinningatengsla foreldra og ungbarna**

**föstudagur 31. ágúst 2012 kl. 8:30-16:00**

**fyrirlestrasal Þjóðminjasafnsins**

**Fyrirlesari:** Dr. Amanda Jones er yfirmaður á Perinatal Parent Infant Mental Health Service hjá North East London Mental Health Service og aðstoðar heiðursprófessor við Warwick Medical School.

8:30 – 9:00 Skráning

9:00 – 9:15 Setning – Anna María Jónsdóttir geðlæknir

9:15 – 10:25 Why is it important to think about a baby's emotional experience?

10:25 – 10:45 Kaffi

10:45 – 12:00 Understanding why many parents (mothers and fathers) become emotionally ill around the birth of their baby and ways to help.

12:00 – 13:15 Hádegishlé

13:15 – 14:30 Some case examples to help us understand the subject of perinatal breakdowns and some ways of helping us to identify vulnerable families and their babies and help.

14:30 – 14:50 Kaffi

14:50 – 16:00 Some case examples to help us understand the subject of perinatal breakdowns and some ways of helping us to identify vulnerable families and their babies and help.

**Fundarstjóri:** Sæunn Kjartansdóttir

Fyrirlestrarnir fara fram á ensku