

Healthy Ageing
National Implementation in
UK and Republic of Ireland

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Outline

- Process and aims of UK and Republic of Ireland - 5 nations meeting
- Outcomes of 5 nations meeting in Cardiff
- National implementation plans in 5 nations
 - Scotland
 - England
 - Wales
 - Northern Ireland
 - Republic of Ireland
- 5 nations Healthy Ageing Forum - ? potential

Aims and process of 5 Nations Meeting Dec 07

- Hosted by Welsh Centre for Health and Welsh Assembly Government and co-organised by NHS Health Scotland
- Representatives from across UK & Republic of Ireland opportunity to discuss:
 - The implications and recommendations of EU Healthy Ageing Project
 - Share good practice, national strategies and actions in relation to healthy ageing
 - Agree a plan for cascading the recommendations across the five nations
 - How can 5 nations contribute to the EU Healthy Ageing Project

Key Messages from the Cardiff Meeting

- Each nation reported on-going activity and policy development/ implementation, but:
 - More can be done to include older people in policies across the board
 - Gaps in research regarding healthy ageing

Key Messages from the Cardiff Meeting - participants agreed:

- The key importance of establishing a financial framework:
 - Core funding of healthy ageing work
 - Use of health economics to demonstrate the case for action to support healthy ageing
 - Learning from each other regarding allocation of funding (e.g. personal care budgets)

Key Messages from the
Cardiff Meeting - participants
agreed:

- The need for core principles to share best practice at all levels
- The importance of strengthening basic and continuing professional education, to include health promotion for older people
- There is an opportunity for the EHAP recommendations to be used as an self-audit tool for organisations

Key Messages from the
Cardiff Meeting - participants
proposed that:

(subject to the appropriate approval of
Governmental bodies/ departments)

- 5 Nations to co-ordinate their response to the EHAP
- Each Nation to commit to full implementation of the recommendations
- Each Nation to disseminate the final report and key messages through existing networks, contacts and websites

WALES

CONTEXT

Population 3 million: around 660,000 aged 60 + (22%).
Wales part of the UK but has its own devolved Welsh Assembly Government with some legislative powers.
Wales divided into 22 local counties.



WALES PROGRESS ON EHAP RECOMMENDATIONS

Majority already being addressed through strong national and local frameworks already in place:

- The Welsh Assembly's 10 year Strategy for Older People, the Healthy Ageing Action Plan and the National Service Framework for Older People
- Each local county has its own health, social care and well-being strategy group to plan and implement the delivery of health improvement initiatives.
- The voluntary sector for older people is a major partner in both planning and implementation, and older people are consulted through local and national forums.
- An Older People and Ageing Research Network (OPAN) was recently established to contribute to the evidence base to support policy making.

NEXT STEPS

1. Review EHAP report with lead partners to audit existing work in Wales against the recommendations, and identify any gaps.

(Assembly policy leads; National Public Health Service; Local Government; the Age Alliance of voluntary organisations; National Older People's Partnership Forum; OPAN)



2. Agree what action required. For e.g.

- Seek formal Assembly Government endorsement of the recommendations
- Strengthen some areas of work in light of EHAP recommendations.
- Disseminate the recommendations to all relevant organisations and ask/require them to audit their existing plans and strategies against them.



3. Seek Ministerial agreement for proposed action.

NB There is a Welsh election in May - any Welsh Assembly Government action will happen after this.



Implementation in England

Dr Seta Waller - Middlesex University

Paul Brittain - Department of Health (DH)

- National seminar and workshop - June 2007.
- Dissemination of the Healthy Ageing Report on websites through networks of the Department of Health, Middlesex University, Age Concern England and other partners' websites.
- Write short papers and publish in journals and newsletters.

DH - Contribution to Implementation

- Working with Government Offices of the Regions to support localities to develop plans for promoting healthy active life for older people backed by Local Area Agreements and investment plans.
- Range of pathfinder projects underway to test local innovation in promoting health, independence and wellbeing for older people led by Local Authorities in partnership with the NHS, voluntary and community sector and older people themselves.
- A Key example is the 'Partnerships for Older People Projects' initiative (POPP).

DH - Partnerships for Older People Projects

- £60m ring-fenced funding for council-based partnerships to lead locally innovative pilot projects for older people.
- The Aim is to improve the health, well-being and independence of older people through:
 - promoting better coordination of care so that provision is person-centred and integrated, and
 - encouraging investment in preventative approaches and thereby preventing or delaying the need for higher intensity or institutionalised care.

National implementation in the Republic of Ireland

Healthy Ageing

EU-funded project 2004–2007



*National Council on Ageing
and Older People (DoHC).*

5 Nations meeting in Cardiff - positive forum to reflect on individual policies & strategies and consider progression of the EU recommendations.

Irish National Strategy to inform the Healthy Ageing Programme - *wealth of research and good will but health promotion infrastructure is currently limited.*

Opportunity! *Restructuring of the National Health Services - HPPU & Population Health.*

Formulate plan using EU Recommendations as a blueprint for progressing health ageing.



Adding years to life
&
life to years...



2.4

ing and Older People



Promotion Strategy for Older People

Suggested plan for implementation:

- Partnership approach (HPPU, HSE, NCAOP)
- Representative National Steering Group
- EU Healthy Ageing Report Launch.
- Review of the Implementation of Strategy
- Revised Healthy Ageing Programme 2008

SCOTLAND

CONTEXT

Population 5 million: around 1 million aged 60 +.
Scotland part of the UK but has its own devolved
Scottish Parliament with some legislative powers.
Scotland divided into 32 local authorities.

Implementation in Scotland

An existing National Steering Group with representation from older people, practitioners, policy makers, academics will be involved in implementation planning



Implementation in Scotland

Suggestions include:

- Three regional seminars and workshop May 2007
- Report and website disseminated widely through networks of NHS Health Scotland, Social Policy and Ageing Network (NGOs working with older people)
- Articles in newsletters e.g. Age Concern, COPA
- Information on EU Healthy Ageing Report on NHS Health Scotland website, Age Concern Scotland & other partners websites
- Opportunities at conferences & seminars in Scotland
- To discuss with Scottish Executive Older People's Unit and link with upcoming *Strategy for Scotland with an Ageing Population* publication Spring 2007
- 15 Local area partnerships (health, local government, NGO and older people) are being funded and supported to disseminate evidence on mental health and well-being and inform planning process. EU Report will be included in dissemination process.

Plans for future

- Email forum for five nations to discuss implementation/dissemination plans
- Follow-up meeting of 5 nations following implementation phase before Brussels conference - Dublin June 07